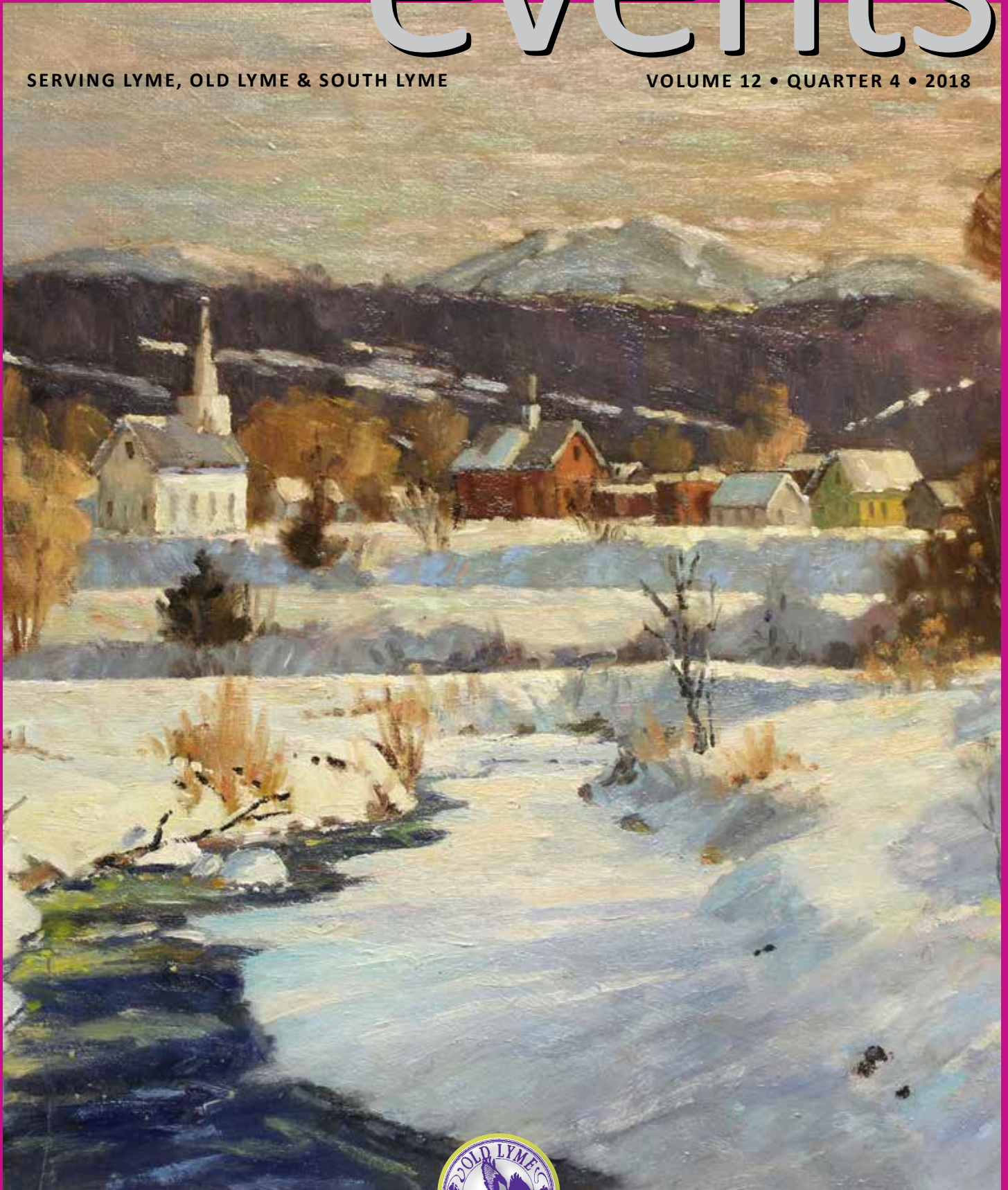


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First Selectwoman's Corner

With the holidays and winter upon us, the weather continues to get colder outside, the heavy jackets and accessories have come out of storage, and of course, the decorations are on display, reminding us that the holidays are right around the corner! While we are all busy preparing for our celebrations, there is still a lot going on in town!

Election Day was November 6, 2018 at the Cross Lane Fire House, and it was one of our busiest on record. Over 72% of registered voters in Old Lyme cast their vote in this election, which is impressive for a non-Presidential election! The poll workers reported that they were continuously busy, and voters were graciously patient, despite the wait in line even in the rain! We are proud that our voters realized the importance of this election and that they took the time to cast their vote. Special thanks to the poll workers who begin around 5:00 am and don't finish until after 9:00 pm - a very long day!

I am pleased to report that the Town of Old Lyme has been notified of several grants, which will be a great help in assuring that our infrastructure needs are addressed. In August, we were informed that we have been awarded a Community Connectivity Grant for \$400,000 to complete the sidewalks on Hartford Avenue, connecting the south end of Hartford Ave. to Route 156. This grant pays for all construction of the project, and we are

currently in the process of forming a committee to work out the details. The sidewalk is planned for the west side of Hartford Avenue, from Bocce Lane to Route 156. Plans will be shared with residents as we move forward in developing them, but this is a great opportunity to improve safety in a busy pedestrian area. In addition, we were notified that our application for funding of construction on two local bridges was also approved. We have been awarded a Local Bridge Funding grant of \$427,400 for the replacement of the Mile Creek Road bridge over the Black Hall River, as well as \$345,838 for repairs to the Grassy Hill Road Bridge, near the intersection of Route 1. The Mile Creek Road Bridge will be replaced in the summer of 2019, which will mean that Mile Creek Road will be closed for a period of time. Of course, advance notification will be posted on our website, with detours well marked. In August, the Public Works Dept. discovered some serious washout under the Grassy Hill Road Bridge, requiring immediate emergency repairs, which were completed within 5 days of discovery. This prompted an application for additional funding for this bridge, as it is a narrow bridge
continued on page 3



Bonnie A. Reemsnyder
First Selectwoman

An advertisement for Saybrook Home. The background is a photograph of a man and a woman sitting on a dark blue leather sofa in a living room. They are both smiling and looking at a magazine or book together. The man is wearing a blue jacket and jeans, and the woman is wearing a grey top and blue jeans. There are patterned pillows on the sofa and a coffee table in front of them with a white mug. In the background, there is a framed picture on the wall and a round clock. The text is overlaid on the right side of the image.

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Kathy Alsop
Lynne Hardt

COVER EDITOR

AC Proctor 860-767-9087

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Ward Feirer
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Correction

The third quarter of Old Lyme Events "cover credit" was incorrect. The cover design was submitted by Edie Twining Design for the Old Lyme Historical Society.

First Selectwoman's Corner... continued from page 1

with unreinforced parapets (side rails). A timeline for these repairs has not yet been established, but more information will follow as we work with engineers to plan to address these repairs. In total, these grants pay for 50% of the repairs of both bridges. We are delighted to be able to keep the cost down for our taxpayers as we address our infrastructure needs in Old Lyme.

The Police Services Options Committee continues to meet and discuss the pros and cons to working together with another community on police services for Old Lyme. While a decision has not been made, this committee has had the opportunity to have meaningful conversations with our local police union representatives, the CT State Police and the CT Police Chiefs Association. In addition, residents have had the opportunity to express their opinions about this and other ideas, as well as air their concerns about police services in our community. It has been a fruitful effort, and whether or not the Town of Old Lyme works with another community to meet our needs, it is worth considering a continuation of this committee to provide a forum to assure that our policing needs are understood and considered as we move forward.

The Halls Road Improvements Committee continues to work with Yale Urban Design Workshop on draft plans for improvements to Halls Road in an effort to make it more walkable, supportive of

businesses, and connected to our Lyme Street and Arts areas. The Committee worked together with volunteers from Essex Savings Bank, Point One Architects, Coldwell Banker and the Open Space Commission to clear brush from the area north of Halls Road between the Lieutenant River and the Old Lyme Shopping Center. If you have driven on Halls Road recently, you have likely noticed how the view has improved due to the clearing of the area. After our cleanup day, Public Works cleared the brush and completed the task, improving the area for all. On December 6th, the Yale Urban Design Workshop will host a public meeting at the Lyme Old Lyme Middle School Cafeteria to review the options they have developed for the improvements to Halls Road, in an effort to get input from the community. It will be in the cafeteria so that participants can work together to provide valuable feedback to YUDW on their efforts. It should be an interesting and exciting presentation.

In July of 2019, our contract with Old Lyme Sanitation, the provider of our Solid Waste and Recycling Collection Services for over 30 years, will expire, and Gary Yuknat has notified the Town that he will not bid on a renewal of the contract. For that reason, a committee was formed to develop a Request for Proposals (RFPP) for collection services. Anticipating this change, the committee agreed it was the perfect time to incorporate **continued on page 4**

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Selectwoman's Corner... continued from page 3

weekly collection of all solid waste and recycling throughout town. The RFP was advertised in August with a due date in October, at which time we received four bids. After reviewing all the bids, the committee has begun negotiations with the low bidder and looks forward to announcing a new contract by the beginning of 2019. Provided we are successful in awarding a contract, the vendor will have plenty of time to make preparations for collections beginning on July 1st. At that time, weekly garbage collection, as well as weekly recycling collection, will begin for all residents. This has been the number one request for years! No more remembering which week recycling is done, or checking calendars to determine if recycling needs to go out. Stay tuned for a January announcement.

Heritage Consultants of Newington, CT are currently performing the Historic Resource Inventory Survey, which is being funded by a grant from the State Historic Preservation Office (SHPO). The committee expects to get together with the consultants to review their draft report some time in December, and make suggestions for edits and possibly add some properties. The survey should be completed by the end of January, 2019. Once the final report is submitted, it will be made available to all residents.

While Hurricane Season is behind us, the winter can bring some nasty storms, so be sure to stay prepared - keep several days'

worth of supplies on hand should the electricity go out, and if you use a portable generator - never run it inside, or even in the garage. By all means, if you don't yet have a carbon monoxide detector, get one today. Simple safety precautions can save lives. During a storm, please check on your neighbors, especially those who are elderly or infirmed. And don't forget to make sure you, and your neighbors, are listed on our Old Lyme Alerts - you can go to the town's web page and click on the red banner at the top to register, or pick up a green card from Town Hall. It is quick and easy and assures that you will be notified during an emergency.

Still important to remember: The Town of Old Lyme continues to reach out to all residents to improve efforts on recycling. All of us have an obligation to recycle ONLY acceptable materials, and then, only if they are clean. When we intermingle materials that are not acceptable, we pay additional fees and fines to our haulers. **Please help us to improve our recycling efforts** - acceptable, clean recyclables only! And remember that the blue bin for garbage is ONLY garbage - no grass clippings, branches, building materials, etc. Thank you for your diligence.

On behalf of the Board of Selectmen, I wish you all a wonderful holiday season, and a happy and healthy New Year.

Bonnie Reemsnyder, First Selectwoman

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37-1 Mile Creek Road, Old Lyme **\$1,150,000**
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10-1 Wolcott Lane, Old Lyme **\$639,000**
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72-1 Cove Road, Lyme **\$429,000**



121 Whippoorwill, Old Lyme **\$419,000**



45-1 Becket Hill, Lyme **\$525,000**



30 Hillcrest, Old Lyme **\$285,000**



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Assessor's Office

The Town of Old Lyme's MapGeo GIS is a great resource for property information. Did you know you can search for parcel maps, view summary property record cards and create abutters lists? Want to know more? Visit www.oldlyme-ct.gov and follow the link GIS MAPPING.

IS YOUR PROPERTY INFORMATION CORRECT?

Accurate mailing and property information is important. Records may be used by appraisers, lenders, insurance companies, and when selling, mortgaging and insuring your property. Detailed field cards are available in the Assessor's office, feel free to stop in to review.

UPCOMING DATES:

Applications for the Elderly and Totally Disabled Tax Relief Program begins February 1. In addition to meeting the income levels set by the State of Connecticut, applicants must be permanent residents of Old Lyme, over 65 or meet the classification of Totally Disabled under the program guidelines. If you feel you may meet the requirements please contact our office for further information.

Applications for the Board of Assessment Appeals will be available starting at the end of January. Applications must be filled out and returned the Assessor's office in its entirety on or before February 20th. The Board will be meeting in the month of March, dates to be determined.

For questions? Please contact us at: 860-434-1605 x 218 or 219 or at: Assessor@oldlyme-ct.gov.

Melinda R. Kronfeld, CCMA II, Assessor

Streetlights

REPORTING STREETLIGHT PROBLEMS

Please phone Michele Hayes in the Selectman's Office at the Town Hall at: 860-434-1605, ext. 212 to report a streetlight outage and/or trash or recycling problem.

When reporting a streetlight, please make note of the pole location and pole number. The Town of Old Lyme can only repair streetlights that are on town-owned roads. Streetlights that are located on private or association roads should be reported to the association. Thank you!

Election results for the Town of Old Lyme

The results of the November 6, 2018 State Election are in. We had 4,267 votes cast representing a 72% voter turnout, 413 absentee ballots issued, and 36 Election Day registrations!

Produce Shows for Public Access Television

DID YOU KNOW YOU CAN PRODUCE YOUR OWN TELEVISION PROGRAMMING?

A number of local organizations are already in the process of producing their own shows: the Lymes' Senior Center, the OLPGN Library, and the Old Lyme Historical Society. Programs air on Comcast Public Access Channel 14.

Comcast provides FREE production training at its Public Access Studio - adjacent to the Big Y in Old Lyme. No experience is necessary and all interested non-profits and individuals are encouraged to participate.

Contact Public Access Coordinator Lynn Perry for more details at: Lynn_Perry@comcast.com, or call: 860-434-0643.

To download previous issues of Old Lyme Events visit www.eventsmagazines.com and download the issue you desire!



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Town Clerk's Office

Vicki Urbowicz, Town Clerk
Courtney C. Joy, Assistant Town Clerk

Congratulations!

We congratulate the following on their recent marriages:

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Elise Springer & Glenna Robin Price
Carleton John Birk & Rhonda Lee Baker
Robert Gregory Holub & Corinne Mary Merjave
Thomas Michael Richard & Jacqueline Thorne LaRonde
Nicholas Denis Gagnon & Amanda Lee Miller
Troy Karlin Holden & Nora Katherine Demenus
Joseph Soren Conderino & Catherine Clare O'Brien
William Harold Weedon III & Carolyn Adele Murtha
Ardasher Abdurashidovich Khashimov & Katherine Anne Long
Ian Matthew Altvater & Lauren Pearl Lamourine

AUGUST

Timothy Michael Goss & Stacy S. Boisseau
Alexander Harold Leighton & Rianna Nicole DiBartolo-Cordovano
Kyle Travis Choisy & Jillian Wolcott Phelps
Aaron Francis Baldwin & JingYa Tao

Mark Davis & Ashley Glenn Miller
Michael Christopher Seigny & Chelsea Ashtin Binkowski
Pierre Michel Descollines & Sarah Louise Fernandes
Shawn D. Dickinson & Arlene Yvonne Farrelly

SEPTEMBER

Ryan Christopher Welch & Bridget Anne Chase
John N. Metaxas & Lisa F. Walsh
James William Walsh & Marissa Lyn Brodie
John Joseph Dean & Nicole Dianne Mariani
Michael Day Sargent, Jr. & Kelly Erin Smith
Erik Anderson & Samantha Nicole Lynde
Johnathon Richard Stutz & Winona Rachelle Keeney
Brian Donald Pendleton & Portia Eleanor Kimbis
Jonathan Christopher Cote & Sofya Politi
Luke deRoode Whitmore & Mara Shaw Fischer
Glenn David Speer & Kathleen Marie Nelson
William Thomas Kacheris & Alexandra Wilhelmina Arute
James Hamilton Jewett & Amanda Marie Barone
Jonathan Taborda & Katrien Frances Vanstaen
Daniel Joseph Feeney & Jennifer Melissa Swiatowicz
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With Sympathy

We would like to express our condolences to the families of recently deceased Old Lyme residents:

JULY

Frank Cucurello, Jr.
Lillian Adeline Haglund
Richard B. Rogers
Richard E. Grogan

Joseph Anthony Ciccaglione, Jr.
Peter Chisholm Dowling
Susan M. Woody

SEPTEMBER

Allen Lloyd Klibanoff
Diana Trumble
Emily Gail Roberts
Cheryl Ann Czarnaty Shirley
Vivian Joan Zolotas

AUGUST

John N. Ciarcia, Jr.
Willis Howard Stepp, III
Beatrice Gold
David G. Birkic

Town Hours & Holiday Schedule

TOWN HALL WILL BE CLOSED ON THE FOLLOWING HOLIDAYS IN 2018 | 2019:

Tuesday, December 25, 2018	Christmas
Tuesday, January 01, 2019	New Year's Day
Monday, January 14, 2019	Martin Luther King, Jr. Day
Monday, February 18, 2019	President's Day
Friday, April 19, 2019	Good Friday

Hours for most departments:

Monday through Friday, 9:00 am - 4:00 pm.

Did you know?

All Town of Old Lyme Elected and Appointed Officials as well as the 100+ Board, Commission and Committee volunteers abide by a Code of Ethics, which was adopted at an Annual Town Meeting in January 2008.

The Code of Ethics is Chapter 43 in the Town's ordinance book, which is available in the Town Clerk's Office or on the Town website at: www.oldlyme-ct.gov through the Town Clerk's page.



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Lyme-Old Lyme Chamber of Commerce Welcomes New Members



The Lyme-Old Lyme Chamber meets on the third Wednesday of each month to offer the opportunity for business professionals to network with each other and discuss ideas related to the economic vitality of our towns. Please join us at any or all of these 'Business After Hours' meetings - admission is only \$5.00 and refreshments

are served. There are also four dinner meetings during the year at which we always have a guest speaker. Meetings in the first quarter of 2019 will be held on the following dates: January 16, February 20 and March 20. Check the Chamber website at: www.VisitOldLyme.com for details of speakers and the location for each meeting. If you are thinking about becoming a member, please come to any meeting as a visitor. We would be delighted to welcome you and show you how much membership at just \$50 per year has to offer and how it can benefit your business.



Lyme-Old Lyme Chamber President Rich Shriver cuts the ribbon on Labor Day at 'The Chocolate Shell' to celebrate its relocation to 16B Lyme St. Along with the children present and Shriver, are (from left to right) Old Lyme Selectwoman Mary Jo Nosal, 'The Chocolate Shell' owner Barbara Crowley, State Senator Paul Formica (R-20th) and State Representative Devin Carney (R-23rd).

On Labor Day, we were pleased to sponsor the ribbon-cutting at The Chocolate Shell's new location, which is immediately next door to its previous one on Lyme St.! One of the benefits of Chamber membership is celebrating the opening of a new business or a new location for an existing business with a ribbon-cutting ceremony.

Our scholarship program for high school seniors either attending Lyme-Old Lyme Schools or resident in Lyme or Old Lyme is currently open. Check the Chamber website or contact the Lyme-Old Lyme High School Guidance Office for more information.

For information on the Chamber visit: www.VisitOldLyme.com and remember to Buy Local to support the businesses in our community!

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Sun 12-5pm; Xmas Eve 11am-3pm

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PHOTOGRAPHY VASES CERAMICS

Trash and Recycling

Curbside trash removal is performed by Old Lyme Sanitation 860-434-3800. There is no trash pick-up on the following Holidays: Christmas (Dec. 25), New Year's (Jan. 1), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in Sept.), and Thanksgiving Day (fourth Thursday in Nov.). Trash normally collected on Thanksgiving will be picked up the next day, along with the regular Friday pickup. For Christmas and New Year's (Monday holiday), trash pickup moves to the following day, until Thursday and Friday, which remain on schedule. If the Monday holiday falls on your recycling day, Monday will be picked up on Tuesday, along with Tuesday's regularly scheduled pick up, and the rest of the week will remain on schedule. Old Lyme Sanitation DOES NOT observe the same holidays as the Town.

Please have trash container out at curbside by 6:00 am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. DO NOT block breakdown/emergency lanes. Phone Michele Hayes 860-434-1605, ext. 212 with additional trash removal questions.

Single stream curbside recycling pick-up is provided for clean bottles, cans, #1 - 7 plastics and paper products co-mingled in the green recycling carts every other week. Corrugated cardboard boxes need to be flattened for recycling. A complete list of

acceptable single stream recyclables is available on the Town's website: www.oldlyme-ct.gov - click the trash and recycling link on the Selectman's or Public Works pages or at www.shoreline-sanitation.com. Information is also available in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, and at the Landfill/Transfer Station on Four Mile River Road. Please phone Michele Hayes 860-434-1605, ext. 212 with any additional questions.

Curbside recycling is performed every other week by Old Lyme Sanitation 860-434-3800. There is no recycling pick-up on the following Holidays: Christmas Day (Dec. 25), New Year's (Jan. 01), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in Sept.), and Thanksgiving Day (fourth Thursday in Nov.). Recycling normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, recycling pickup moves to the following day, until Friday, which remains on schedule. Recycling information is available on the Town's website www.oldlyme-ct.gov, as well as in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, or at the Landfill/Transfer Station on Four Mile River Road. Phone Michele Hayes 860-434-1605, ext. 212 with additional questions.

Additional automated trash and recycling containers should be continued on page 12

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Trash and Recycling... continued from page 11

ordered through Michele Hayes 860-434-1605, ext. 212 in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street. Containers cost \$80.

Please mark clearly your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Homeowners are responsible to replace lost, stolen or broken cans at their expense.

Transfer Station Information

TRANSFER STATION/LANDFILL HOURS.

The Transfer Station is located on Four Mile River Road and is open Tuesday-Friday, 7:30 am - 3:45 pm, Saturday, 8:30 am - 4:00 pm. Closed Sunday and Monday.

Taxpayers' vehicles should have a Transfer Station sticker affixed to the right-hand side of windshield. Vehicles without a sticker should bring proof of property address (i.e., tax bill, mortgage statement or closing papers), along with a driver's license and registration.

Bulky Waste and Demolition: Vehicles will be charged by weight at \$110/ton. Recyclables should not be mixed in the same load with Bulky Waste or Demolition Debris. Loads less than 100 lbs. are charged a minimum fee of \$5.

Brush is charged on a per load basis. No wood or limbs thicker than four inches are accepted.

Grass clippings are not allowed at the Transfer Station because of chemical contamination from pesticides and fertilizers and cannot be deposited in your trash can. Please compost on your property.

Electronics are now accepted at the Transfer Station. Residents can bring the following items to the Transfer Station on Four Mile River Road: computers (personal computers, mainframes, med-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers, keyboards, mice, adaptors, stereos, speakers, VCR's, scanners, fax machines, copiers telephones and telephone systems, computer wire and cable; computer drives and storage devices (floppy drives, CD ROMs, hard drives), power supplies, circuit boards, microwaves, scrap copper (cable, pipe, etc.), scrap aluminum (machine and machine parts, cable extrusions, etc.), fluorescent light bulbs, UPA (uninterrupted power supply) batteries, and related computer and electronic equipment.

Old Lyme Conservation Commission

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Recycling means business! ...for the environment and for Old Lyme!

OL residences and business have two bins. BLUE is for TRASH, and GREEN is for RECYCLABLES. Old Lyme pays for each ton of trash removed by our contractor, and often "trash" contains much that could and should be recycled. OL could be earning bigger rebates for recycling... IF WE do our jobs.

First - know the definition of "Recycling" - as Old Lyme



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defines it. "Recycling" includes clean paper, glass and cans: newspaper, plastic butter tubs, plastic cups, foil containers and cardboard. It does NOT include gift wrap, gift bags, ice cream containers, paper cups, ceramic plates, mugs or drinking glasses, pots, pans, scrap metal, building materials or loose bottles caps.

Second - Package your recycling properly. Simply place bottles, etc into the green bin, NOT in plastic bags, or gift bags.

Third - know the difference between other discards:

These are TRASH, not Recycling:

- Garbage
- Shredded paper
- Bottle caps
- Aluminum foil
- Plastic plates, bowls and utensils
- Prescription bottles
- Gift wrap and gift bags
- Foil tops from yogurt containers

This is COMPOSTING Not TRASH and Not Recycling:
(More later)

- Yard debris, clippings
- Holiday plants in pots

This is Reprocessing:

Clothing, sweaters, towels, fabric. Can be made into rags or reprocessed into fabrics. Drop into a bin labeled "Clothing."

This is ELECTRONICS RECYCLING:

(Deliver to Old Lyme Transfer Station, Four Mile River Road)
-Computers and laptops, printers, fax machines, monitors, TVs, cell phones, tablets, video games, VCR/DVD machines, remotes, keyboards, computer mice.

Additional Information at: oldlymesanitation.com.

Old Lyme Historical Society

55 Lyme Street, P.O. Box 352, Old Lyme, CT 06371
860-434-0684 | <http://www.oldlymehistoricalsociety.org>

Located in the former Grange Hall at 55 Lyme Street, OLHSI is an all-volunteer organization dedicated to researching, preserving, and sharing the history of Old Lyme.

The Society has recently completed an updated and expanded self-guided walking tour of the town center of Old Lyme. The tour covers 28 buildings from the start of Lyme St. at McCurdy Rd. to the John Sill house on the campus of the Old Lyme Academy College of Art-a distance of less than 3/4 of a mile. A leisurely round-trip should take most people about
continued on page 14

2019 TICKETS ON SALE NOW



Mihae Lee, Artistic Director

JAN 13 **New York Philharmonic String Quartet**
with pianist **Mihae Lee**

FEB 17 **Stu Ingersoll jazz Concert**
Midiri Brothers Sextet
with special guest **Jeff Barnhart**

MARCH 17 **New Haven Symphony Orchestra**
with 2019 Emerging Artist violinist **Tai Murray**

APRIL 7 **Chanticleer - An Orchestra of Voices**
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Old Lyme Municipal Departments

<u>Department</u>	<u>Contact</u>	<u>Phone</u>
Animal Control	Lynn Philomen	434-1605 x244
Assessor	Melinda Kronfeld	434-1605 x218
First Selectwoman	Bonnie A. Reemsnyder	434-1605 x211
Board of Selectmen	Mary Jo Nosal	434-1605 x212
Board of Selectmen	Chris Kerr	434-1605 x212
Building Official	Mark Wayland	434-1605 x230
Emergency Management & Fire Marshal	David Roberge	434-1605 x231
Finance Director	Nicole Stajduhar	434-1605 x232
Harbormaster	Harry Plaut	434-1605 x212
Ledge Light Health District		434-1605 x214 860-448-4882
Information Technology		434-1605 x237
Parks and Recreation	Don Bugbee	434-1605 x235
Police	TFC Kazimera Morse	434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-1605 x243
Registrar of Voters	Catherine Carter & Marilyn Clarke	434-1605 x226
Senior Center	Stephanie Lyon Gould	434-1605 x240
Social Services	Jennifer Datum	434-1605 x228
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Vicki Urbowicz	434-1605 x220
Treasurer	Tim Griswold	434-1605 x232
Zoning Enforcement	Keith Rosenfeld	434-1605 x225
OTHER AGENCIES		
Library/Passports	Katie Huffman, Director	434-1684
School District #18	Superintendent of Schools	434-7238
Youth Services Bureau	Mary Seidner, Director	434-7208

Historical Society... continued from page 13

45 minutes. The buildings on the tour represent a mix of vernacular and formal architectural styles from the 17th century through the early 20th. The history of their various uses and owners reflects the ever-changing character of the town and region. Produced as a three-fold, full-color brochure on heavy stock, the tour is available at local merchants.



9 Lyme St. "Boxwood," 1842 [drawings: Edie Twining Design]



75 Lyme St. a "Gothic cottage," 1844



76 Lyme St. Amos Bacon house, an Italianate design, 1850

Old Lyme - Community Listings

USEFUL NUMBERS

CAMP CLAIRE	(860) 434-0368
CONSUMER PROTECTION	(860) 566-2294
LYMES' YOUTH SERVICE BUREAU	(860) 434-7208
SENIOR CENTER	(860) 434-1605 x240
OLD LYME VISITING NURSE	(860) 434-7808
OLD LYME HISTORICAL SOCIETY	(860) 434-0684
9 TOWN TRANSIT.....	(860) 510-0429
LYME/OLD LYME JR WOMEN'S CLUB	(860) 501-9773
DEMOCRATIC TOWN COMMITTEE	(860) 434-2271
REPUBLICAN TOWN COMMITTEE	(860) 434-0740
LYME ART ASSOCIATION.....	(860) 434-7802
VETERANS OF FOREIGN WARS -	
LYMES' POST 1467	(860) 434-4207
AMERICAN LEGION - POST 41	(860) 664-0047

SCHOOLS

SUPERINTENDENT'S OFFICE DISTRICT 18.....	(860) 434-7238
MILE CREEK SCHOOL.....	(860) 434-2209
CENTER SCHOOL	(860) 434-7838
MIDDLE SCHOOL	(860) 434-2568
LYME/OLD LYME HIGH SCHOOL	(860) 434-1651
MULTICULTURAL MAGNET	
(NEW LONDON)	(860) 437-7775

COLLEGES

LYME ACADEMY COLLEGE OF FINE ARTS.....	(860) 434-5232
--	----------------

Edie Twining has also created a new tea towel, note cards, and postcards showing a map of the Old Lyme town center with her sketches of the buildings on the walking tour around the border.

Tea towels, books on local history, 2019 Old Lyme Community Calendars, note cards and other gift items are available at our

holiday book sales, held Saturdays in December at the Post Office on Halls Rd.

The summer/fall lecture series was well received, and we hope to put on a new series this spring. Please check our website for further details of these and other upcoming Historical Society events at: www.oldlymehistoricalsociety.org.

Lyme/Old Lyme Education Foundation 7th Annual Trivia Bee Coming Up



No need to beware the Ides of March in 2019! Instead, join with community members, friends, and family for the 7th

Annual Trivia Bee held on March 15, 2019, at 7:00 pm in the LOLHS. Admission is free!

The 2019 Trivia Bee is a unique opportunity to support LOLEF while having a terrific time. Teams of four will compete for the coveted Golden Bee Trophy. Last year, students, local business owners, and

teachers were among those who formed teams for the competition. So, brush up on your trivia knowledge, get together with some friends or colleagues, and register your team for the Bee!

And, if you are interested in sponsoring a team, just go the LOLEF website: www.lolef.org and sign up. All funds raised at the Trivia Bee will be returned to the community in the form of grants for LOL schools and other local non-profit organizations. Whether as a team demonstrating your far-flung trivia knowledge or as a member

of the audience, we hope to see you on March 15, 2019, at the LOLEF Trivia Bee!

The LOLEF is a charitable organization that provides financial support for educational projects, enrichment programs and innovative initiatives not typically funded by Regional District 18 or other governmental entities. LOEF has awarded grants for educational initiatives benefiting our youngest students to our senior citizens. You can find out more about the grants that have been awarded, as well as how to apply for a grant, at www.lolef.org.

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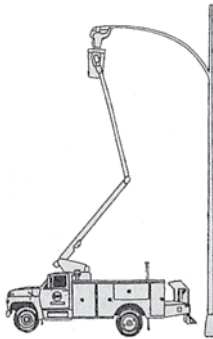




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Lyme-Old Lyme Mentoring Program

SUCCESSFUL MENTORING PROGRAM AT LYME-OLD LYME SCHOOLS SEEKS ADDITIONAL COMMUNITY VOLUNTEERS

The Lyme-Old Lyme Mentoring Program is built on the premise that every child deserves caring adults in their life. Established in 2014, the Lyme-Old Lyme Mentoring Program is run in collaboration with Lymes' Youth Services Bureau, and this program strives to match students with trusted, caring high school and adult mentors.

The Mentoring Program is a school-based program in which mentors meet with mentees for approximately one hour per week. All of the meetings are held on school grounds and take place during or at the end of the school day. Mentors provide a positive social connection for their mentee. To develop caring and supportive relationships, mentors play board games, do crafts, play basketball, go for walks, and participate in a variety of shared experiences with their mentees. It is expected that these matches will last for several years.

The Mentoring Program recruits both high school and adult community members to serve as mentors. Mentor candidates undergo a thorough application process. Candidates first submit a formal application and are interviewed by a panel of individuals associated with the Mentoring Program. Once the screening process is complete, the Mentoring Program provides a training session for new mentors. The training provides information about the roles and responsibilities of mentors and mentees, gives an overview of their responsibility as mandated reporters, and the training session provides tips to new mentors to help ensure a positive start to the relationship. To provide follow-up support to mentors throughout the year, the Mentor Program hosts two supportive roundtable discussions.

After the training session, mentors and mentees are matched. Mentees may be new students to the district, some may be having trouble navigating the tricky social dynamics of late childhood/early adolescence, while others may just need a friendly,

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Mentor Jane Moen (left) works with her mentee Amber Cutler as they make chocolate dessert cups.



Lyme-Old Lyme High School mentor Tyler Clark (right) shares a smile with his mentee Mohamad Hamou.

caring person in their lives. Participation in the program is voluntary.

While the Mentoring Program started as a middle school initiative, it has recently been expanded to include students in grades 3, 4, and 5 at Lyme Consolidated and Mile Creek schools. Plans to expand the program up to Lyme-Old Lyme High School are being developed.

If you are interested in becoming a mentor, please contact Lyme-Old Lyme Middle School Assistant Principal Noah Ventola at: 860-434-2568 or Lymes' Youth Service Bureau at: 860-434-7208.

Holiday Boutique Benefits Lymes' Youth Service Bureau

Old Lyme Country Club presents a Holiday Boutique to benefit Lymes' Youth Service Bureau, Old Saybrook Youth & Family Services, and Tri-Town Youth Service Bureau.

The Holiday Boutique on December 12, from 11:00 am to 4:00 pm, will feature 18 vendors and offer gifts for everyone on your list: jewelry, handbags, scarves, ties, soaps & more! The Boutique is FREE and open to all. A luncheon buffet (\$18) and cash bar is also available from noon to 4:00 pm.



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Phoebe Griffin Noyes Old Lyme Library

2 Library Lane, Old Lyme, CT 06371,
860-434-1684
oldlymelibrary.org

The Library continues to fulfill its mission to inspire lifelong learning and discovery in a welcoming place with exceptional resources, programs, and services. From developing fun, interactive storytimes for babies and toddlers to hand-delivering novels to home-bound patrons, the Library continues to provide opportunities for residents of all ages to learn and grow.

Children's Events

Julie Bartley/Children's Librarian
jbartley@oldlymelibrary.org | 860-434-1684 x114

Toddler Time Tuesdays

(Recommended for ages 2-5. Drop-in):

Tuesdays at 10:30 am, Jan. 8, 15, 22, 29; Feb. 5, 26;
& Mar. 5, 12, 19, 26

Baby Time Playgroup Thursdays

(Recommended for ages 0-2. Drop-in):

Thursdays at 10:30 am, Jan. 10, 17, 24, 31; Feb. 7, 28;
& Mar. 7, 14, 21, 28

Sweet Beats Family Music (Drop-in):

Wednesdays, Jan. 9, Feb. 13, & Mar. 13, 5:30pm.
Fun for kids and adults of all ages. Children will be sing, dance,
and play musical instruments.

Digital Detox-Family Technology Resolutions for the New Year!:

Wednesdays, Jan. 23 from 3:00 - 6:30 pm.
Drop in for some tips and tricks to manage your family's
connections, both online and off. Manage apps, set screen time
limits, and find ideas to incorporate old-school family fun!
Check out our collection of circulating board games, nature
backpacks, and specialty cake pans to create a tech-free family
night at home.

Take Your Child to the Library Day! (All ages. Drop-in):

Fridays, Feb. 1, 9:00 am - 5:00 pm.
Take Your Child to the Library Day is an international initiative
that encourages families everywhere to take their children to
their local library. Stop by to find all about our programs and
services! While you're here, register to win a Library Prize
Pack. Skadoodlez Face Painting will be here to celebrate from
3:00 pm - 5:00 pm!

Happy Birthday Phoebe! (All ages. Drop-in):

Wednesday, Feb. 20, 3:00 pm - 6:00 pm.
Decorate a celebratory cupcake and write a birthday wish to
our library's namesake, Phoebe Griffin Noyes, who turns 222
this year! Take home a balloon animal by April of April's
Balloon Creations from 3:00 pm - 5:00 pm!

Gray's School of Irish Dance Performance

(Registration requested):

Wednesday, Mar. 6, 5:00 pm.
Get in the spirit of the St. Patrick's Day season and enjoy a
performance by the Gray School of Irish Dance students.

Children and adults are invited to learn about Irish dancing
and try kicking up your heels!

HERstory Art Class-Spring Still Life Painting!

(Registration requested):

Wednesday, Mar. 20, 4:00 pm.

Let's welcome in spring and celebrate Women's History Month
by creating a still life painting in the style of a famous female
artist! Children under 8yrs of age should be accompanied by
an adult caregiver. All materials will be provided.

For complete details, visit our website at oldlymelibrary.org.

Teen Events

Nike Desis/Young Adult Librarian
ndesis@oldlymelibrary.org | 860-434-1684 x116

Check out our online calendar for the most up-to-date event
listings and to register for our programs. Find us at oldlyme.library.org.

Looking to earn community service hours? Want to find out
more about the fun projects we're working on? We're always up
to something new and creative! Stop in and introduce yourself
or submit an application on the Teen page of the library's website:
www.oldlyme.lioninc.org/tlcapp.

To Be Read (TBR) Book Club for Teens:

Tuesday, Jan. 9, 6:00 pm.

Looking for the next hot read? Something so new it's not yet
on the shelves? At TBR, Kathy showcases the most exciting
books coming out in the next few months. You'll even get to
take home exclusive and free copies of these fresh reads!

Digital Detox Family Technology Resolutions for the New Year:

Wednesday, Jan. 23, 3:00 pm - 6:30 pm.

Today the Library is encouraging a cell phone, laptop, and
device free afternoon! We are supporting a dedicated family
digital detox by offering resources, tips and tricks for
monitoring usage, and suggested alternative activities.

Sugarcoated Storytelling:

Friday, Mar. 22, 5:00 pm - 6:00 pm.

Moms, Dads, and BFFs: you're invited to a performance and
presentation of candy themed stories hosted by Pub Club
attendees! There will be pizza and healthy snacks at 5:00,

and the show will begin at 5:30 pm. You're also invited to participate and/or help out; contact or visit Nike for more information!

Adult Events

Katie Huffman/Director
khuffman@oldlyme.lioninc.org | 860-434-1684 x110

NEW! PUB CLUB: Friday afternoons.

Pub Club is a new program on Friday afternoons. The "Pub" in Pub Club is short for publishing, and it's all about the wide range of acts, actions, and activities associated with storytelling, communicating, and sharing. Pub Club activities are open to all library visitors in grades 5 to 8. Really, all Pub Club time is time for making and experiments, so drop on in and check it out!

- **Fridays, Jan. 11, 18, 25, 2:45 - 3:45 pm:**
Custom calendar and planner for 2019
- **Fridays, Feb. 8, 15, 22, 2:45 - 3:45 pm:**
"Sugarcoated" theme! We're going to treat ourselves to talking about, writing about, deep diving into everything and anything candy related.
- **Fridays, Mar. 8, 15, 22, 2:45 - 3:45 pm:**
"Making marks" theme-fountain pens and quills, typewriters and typewriters connected to computers, digital drawing pads, and any other writing tools we want to try out!
- **Fridays, Apr. 5, 12, 19, 2:45 - 3:45 pm:**
"Graphic" theme-we'll experiment with comics, posters, graphic novels, book covers, fan art, etc.

Birds Bring Benefits:

January 16, 7:00 pm.
Presented by the Audubon Society in partnership with Lyme Forest Block Conservation Project and the Library.

Practical Room by Room Organizing Tips:

January 23, 6:30 pm.
Featuring professional organizer Ellen Madere.

Of the Birds, According to their Kinds:

February 7, 6:30 pm.
Author talk and book signing by Stanley Kolber

Something Old, Something New: Connecticut Weddings through the Ages:

February 13, 6:30 pm.
Presented by the Connecticut Historical Society.

Phoebe's Morning Book Chat:

Second Thursday of the month at 11:15 am.
January 10: *My Antonia* by Willa Cather; February 14: *The Woman in the Window* by A.J. Finn; March 14: *Killers of the Flower Moon: The Osage Murders and the Birth of the FBI* by David Grann.

continued on page 20

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Library... continued from page 19

Contemporary Classics Book Discussion:

First Monday of the month at 7:00 pm.

No meeting in January; February 4: *Emma* by Jane Austen; March 4: *Beneath the Scarlet Sky* by Mark Sullivan; April 1: *Sing Unburied Sing* by Jessmyn Ward.

Check our website at oldlymelibrary.org for more events and complete details.

SIGN UP FOR OUR E-NEWSLETTER at www.oldlymelibrary.org

The Library does not distribute or sell our patron email list to any commercial or nonprofit business. We use your email solely for contacting you about library programs, special events, and announcements.

PHOEBE'S BOOKCELLAR

Wednesdays 10:00 am - 6:00 pm

Saturdays 10:00 am - 2:00 pm

Contact us at: 860-434-1684 x117

The BookCellar is a highly successful used book store - Old Lyme's only book-store - managed by the volunteer Friends of the Library and housed on the Old Lyme Library's lower level.

Please stop by to shop, drop off book donations, or become a volunteer. Choose from thousands of books of all genres, including hard cover and paperback fiction, art, business, classics, cooking, language, literature, music, parenting, pets, sports, world history, books for children, and young adults. We also have a large collection of Rare & Collectible books, as well as DVDs & CDs.

When you're in the Library lobby, be sure to browse the on-going sale of books located on the cabinets across from the Circulation Desk. Every dollar earned at the BookCellar goes directly to support the Library's programs, collections and equipment.

The Woman's Exchange of Old Lyme

Women Helping Women could possibly be considered the mission of the Woman's Exchange of Old Lyme but the Woman's Exchange is so much more!

Our non-profit organization is staffed by dedicated volunteers who have only one goal. Our goal encompasses all aspects of helping others in our community through the sale of unique items offered by talented artisans.

The significant history of the Federation of Woman's Exchanges started in Philadelphia way back in 1832, as the Philadelphia Ladies Depository. The Woman's Exchange movement is one of the oldest continuously operational charitable movements in the United States. What began quietly, expanded quickly after the Civil War, and by the late nineteenth century, there were nearly one hundred Exchanges in operation across the country from New York to San Francisco.

Exchanges were fashionable shops where women who had fallen on hard times could sell their home-produced merchandise on consignment. They combined



elements of charity, cooperation, and retailing, and served their communities in a variety of ways.

At first, the Exchanges simply provided a venue for hand crafters to sell their goods, but gradually their mission expanded to meet women's changing needs. Some Exchanges provided fabric and instruction in the art of fine sewing; some purchased buildings where, in addition to their gift shops, they opened tea rooms and offered women employment there. Some made available work-rooms and apartments for ladies to rent.

Today's hand crafters can earn money by marketing their goods in a shop rather than relying on intermittent craft shows for sales. Also, the townspeople where the remaining Exchanges are located benefit from having places to purchase unique handmade items, shops whose profits are given back to the communities they serve.

Here at the Woman's Exchange of Old Lyme, most items are provided by consignors who receive a percentage of the sale price. We are privileged to feature their beautiful and unique items in our shop.

Funds collected beyond the operating costs are given back to the community in the form of donations to programs such as The Thames River Family program for women and children as well as various food banks and The New London Homeless Shelter.

The Woman's Exchange of Old Lyme is located at 86 Halls Rd in the Old Lyme Marketplace. Our hours have now changed to: Monday through Saturday from 10:00 am until 5:00 pm!

If you have the desire to serve your community and want to **do something worthwhile** why not come and join us here at the Woman's Exchange and volunteer?

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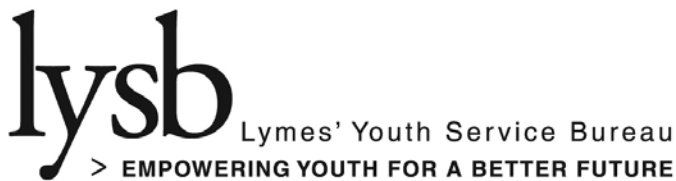
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Lymes' Youth Service Bureau



59 Lyme Street, Old Lyme, CT 06371
860-434-7208 | www.lysb.org

HOLIDAY GIVING PROGRAM

The holiday season is a time for caring and sharing, but can be especially difficult for families facing extreme financial challenges. It is the generosity of individuals and organizations that makes our community a special place. If you would like to help struggling neighbors in our community during the holidays please contact LYSB at: 860-434-7208. Donors can “adopt” a family or make a general contribution toward the program.

HOLIDAY GIFT WORKSHOP: Festive Felt Stocking

Tuesday, December 11, 4:00 - 6:00 pm.

Let's get into the holiday spirit! Design and appliqué a festive holiday stocking using colorful fabric, buttons sequins and embroidery floss. Ages 7 and up Fee: \$25. Take the bus to LYSB.

HOLIDAY BOUTIQUE

December 12, 2018, 11:00 am to 4:00 pm.

At Old Lyme Country Club, 40 McCurdy Road, Old Lyme
A benefit for the Lymes' Youth Service Bureau, Old Saybrook Youth & Family Services, and Tri-Town Youth Service Bureau. The Holiday Boutique features eighteen vendors from CT, NY, PA, MA & FL and has something for everyone on your list... Jewelry, Gifts, Hand Bags, Scarves, Soaps, Ties, Florals and so much more... Luncheon buffet available \$18. Open and free to all community members.

BABYSITTING DAY

Saturday, December 15th 9:00 am - 1:00 pm.

Do you have last minute holiday errands to run? Children of all ages will be entertained by members of the LYSB Youth Advisory Council. Cost is \$20 and includes lunch, crafts, games, snacks, movies and fun. Register at www.lysb.org.

PLAYGROUPS at Lymes' Youth Service Bureau

LYSB offers a variety of playgroups based on child's age and interest. Our winter schedule includes Crafty Kids Group, Nursery Rhyme Group, Make It & Take It Group, Sensory Group, Active Afternooners, music, theater, and more. For a full description of all our groups and to register visit www.lysb.org.

BABIES GROUP AT LYSB

Tuesdays, 10:30 - 11:30 am, January 10th to March 21st, free
For new and expecting parents of children up to 12 months.

YOUTH ADVISORY COUNCIL (YAC)

Every Wednesday 7:00 - 8:00 pm.

YAC is a high school community service club that participates in a variety of fun projects and activities throughout the year. All high school students in L/OL are welcome to join us any Wednesday night! Just show up, fun is guaranteed! Register at: www.lysb.org

MIDDLE SCHOOL AFTERSCHOOL PROGRAM

Every Tuesday & Thursday 2:15 - 4:00 pm at LYSB.

This is a drop in program and a permission slip is required. Come hang out with your friends while listening to music, playing ping pong, games, Wii, crafts & snacks. Students can walk to LYSB from the Middle School, and may get a pass for the LOLMS late bus. Registration fee: \$30/year. Register online at www.lysb.org.

GIRLS CIRCLE - A three week empowerment program for girls!

Three Mondays January 28, February 4 & 11, 2019, from 2:15 - 4:00 pm. For Grades 6-8.

“The shortest distance between isolation and belonging is a Circle” Join us each week for a new theme and activity designed to increase girls' self esteem, body image, and social support.

During this program girls will:

- Develop connections and feel included
- Build strong interpersonal skills
- Strengthen self-care and well-being, even under stress
- Dissolve barriers to respect, confidence, and empathy
- Nurture friendships

This program is free. Register at www.lysb.org.

SITTER SAFETY CLASS

Four Mondays: March 4, 11, 18, 25, 2019 from 2:15 - 4:00 pm.

An intense sitter safety and training course appropriate for babysitters, big brothers and sisters, and children staying home alone for the first time. This course touches on a variety of safety skills such as basic first aid, fire safety, and 911 skills. Fee is \$50 and includes supplies, snacks, and guest speakers. Call LYSB to pre-register at www.lysb.org.

CPR FOR BABYSITTERS

Monday, April 1, 2019, from 2:15 - 3:45 pm.

Add this valuable class to your LYSB babysitter's course and learn how to save a life! Learn CPR and how to clear a blocked airway in children and infants. Parents want to hire babysitters who know CPR and can help kids who are choking. Instructors will teach you everything you need to know to provide lifesaving care during a cardiac or choking emergency in this 2-hour class. Class cost is \$55 and awards a Certificate of Completion.

ENGINEERING AFTER SCHOOL with ENGINEERING IMAGINATIONS LLC ASPIRING YOUNG ENGINEERS! Ages 9-14.

January 24, 31, February 7, 14, 28, March 7, 2019 from

4:00 - 6:00 pm. (no class February 21.)

Ages 5-8:

March 21, 28, April 4, 11, 25, May 2, 4:00 - 6:00 pm
(no class April 18.)

Discover the spectacular world of engineering through hands-on, minds-on activities! Students apply problem solving and critical thinking skills to explore our S.T.E.A.M. (Science, Technology, Engineering, Architecture, Mathematics) based curriculum. Participants will use a variety of mediums such as recycled materials, salvaged motors and gears, balsa wood, LEGO®, and more. With activities ranging from bridges, to rockets, to green engineering, participants are sure to have a blast while learning fundamental engineering terms and concepts along the way! Students can take the bus from Mile Creek and Lyme Schools directly to LYSB. Fee \$120/ six week session. Register at www.lysb.org.

SEWING WORKSHOPS - Sew A Cozy Lap Quilt

January 8, 15, 22, 29, from 4:00 - 6:00 pm.

Stay warm and cozy under the lap size quilt you'll design and sew. Learn basic machine and hand sewing techniques as well as embroidery stitching. Time permitting you'll sew a matching pillow. For beginners as well as students who have some machine sewing experience. All materials and machines provided. Fee: \$100 With arts educator Claudia Mathison. For boys and girls 8 years and older. Take the Bus to LYSB. To register visit: www.lysb.org.

MENTORING PROJECT

LYSB and the Lyme-Old Lyme Middle School are looking for adult mentors to work with middle school students on a weekly basis in the school setting. If you are interested in making a difference in the life of a young person, please contact LYSB at: 860-434-7208 to learn more about the mentoring project.

LYME-OLD LYME PREVENTION COALITION

Meets on the 1st Tuesday of the month at LYSB. Our mission is to prevent and reduce alcohol and other drug use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities. Our group includes parents, youth, school administrators, police, and community members. Join us at our next meeting!

**SURVIVORS OF SUICIDE LOSS SUPPORT GROUP
OF SOUTHEASTERN CONNECTICUT**

Joining hands as we walk on this journey together towards healing one breath at a time.

Meeting times are the 1st & 3rd Thursday of each month at 6:30 pm at LYSB, 59 Lyme Street, Old Lyme, CT
We are a group of survivors, together to offer support, comfort, and understanding. Our group provides an atmosphere of

continued on page 24

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Lymes' Youth Service Bureau... continued from page 23

acceptance for exploring feelings that are often not understood by others. It offers a chance to share helpful resources, and to give and get support through the long grief process.

MADHATTERS THEATRE CO SPRING PRODUCTION - *The Aristocats*

Auditions at LYSB on Saturday, January 5th. Call 860-395-1861 to book your audition time. Rehearsals on Saturdays at LYSB. More info at: www.madhatterstheatrecompany.com.



Lymes' Senior Center

Membership is now open to seniors

55 Years Young & Older

26 Town Woods Road, Old Lyme

Call 860-434-1605 ext. 241 to register or for more information on becoming a member.

CHECK OUT our "new" southeastern Connecticut senior center website for upcoming events at: <http://seniorcenterct.org>

Upcoming Classes - To Sign Up Call: 860-434-1605, ext. 240

MUST BE A MEMBER TO SIGN UP - ALL CLASSES MEET ONCE A WEEK

CLASS	DATE OF FIRST CLASS & TIME / DURATION	COST
Yoga	January 2nd at 4:00pm / 7 Week Session	\$45.00
Advanced Yoga & Meditation Class	January 3rd at 3:45pm / 6 Weeks	\$38.00
Beginner Tap Class	January 3rd at 10:00am / 6 Weeks	\$24.00
Intermediate Tap Class	January 3rd at 10:45am / 6 Weeks	\$24.00
Beginner Country Line Dancing	January 4th at 2:30pm / 6 Week Session	FREE
Latin/ Ballroom Line Dancing Class	January 4th at 1:00pm / 6 Week Session	(\$35.00- \$40.00) TBD
Gentle Vinyasa Flow Yoga	January 7th at 8:30am / 4 Week Session	\$20.00
NEW Fitness Fusion	January 8th and 10th at 5:00 pm / 6 Weeks (Separate Tues & Thurs Classes for class above)	\$30.00 EACH
Sit n Be Fit	Drop in & ongoing Tuesdays at 10:00 am	FREE
Balance and Tone Class	Drop in & ongoing Fridays at 10:30 am	\$5.00 a class
Exercise with Kathy	Drop in & ongoing Mondays & Wednesdays	\$5.00 a class
Tia Chi	January 2019 at 9:00 am /10 Weeks	\$95.00
Gentle Piyo AM Class	January 11th at 8:30 am / 6 Week Session	\$30.00
Mixed Media Art Class	January 14th from 10:00 - 12:00 pm / 5 Weeks	\$35.00
Watercolor	January 15th from 10:00 - 12:00pm / 6 Weeks	\$40.00
COMPUTER CLASSES: -PLEASE SIGN UP EARLY-		
iPhone Basics	January 7th from 1:00-2:00 pm	FREE

The following are already scheduled free special events/ lectures (unless noted otherwise) that will take place at the Lymes' Senior Center from December 11th 2018 - March 20th 2019. Please check website listed above for additions and changes to the events listed below.

- **Hollywood Goes to War** presented by Jared Day, PhD on Tuesday, December 11th at 1:00 pm.
- **LYMES' SENIOR CENTER DANCERS** will be performing on Wednesday, December 12th at 1:00 pm for a wonderful of all of our dance classes including pieces from our tap classes, our Ballroom/ Latin Line Dance Class and our Country Line Dance

Class. All are welcome to attend and encouraged to attend and support the hard work of our Seniors!

- **Celebrate the Holidays** with Celebrity Nursing Homecare on Tuesday, December 18th from 10:00 am - 12:00 pm. FREE holiday refreshments, manicures and massages will be given. In addition there will be small gifts handed out by a special holiday figure. To sign up please call: 860-434-1605 ext. 241.
- **Christmas Around the World** performed by Jose Paulo & Friends on Tuesday, December 18th at 1:00 pm.
- **Holiday Luncheon** and The Old Lyme High School Select Singers will be here to perform on Thursday, December 20th

at 12:00 pm. Reservations needed to be made by December 6th by calling: 860-388-1611.

- **Free Pizza Party and Showing of the movie Holiday Inn** on Monday, December 24th at 12:00 pm. Reservations are required by December 20th. Call 860-434-1605 ext. 241 for reservations. No Estuary Lunches will be served that day.
- **Entertainer Kenny C will perform** on Wednesday, January 2nd at 1:00 pm.
- **Medicaid 101** presented by Michelle Dempsey on Tuesday, January 8th at 1:00 pm. Call 860-434-1605 ext. 241 to sign up.
- **Fall Prevention Seminar** on Tuesday, January 15th at 1:00 pm. This seminar will focus on fall prevention and safety in the home that incorporate health strategies, activity, home preparation and our technology services.
- **Old Time Radio Mysteries and Detective Shows Part 1 and 2** on Wednesday, January 16th and 23rd at 1:00 pm.
- **Be Alert to Financial Fraud** presented by John Bairos of Edward Jones Financial at 1:00 pm.
- **Motivational Speaker** and Author, Nancy Butler founder of Above All Else, Success in Life and Business, an organization focused on helping individuals live a happy and successful life and realize their dreams will be here on Wednesday, January 30th at 1:00pm. Based on her award winning book, Nancy will take you on a moving and humorous journey on how she guided her life from extreme adversity, to be one of happiness and success.
- **Movie: Hyde Park on Hudson** on Tuesday, January 29th at 12:45 pm.
- **Old Time Radio Sci Fi** on Tuesday, February 5th at 1:00 pm.
- **Professional Harpist**, Rebecca Swett on Wednesday, February 6th at 1:00 pm.
- **Old Time Westerns and Adventure** on Tuesday, February 12th at 1:00 pm.
- **Jose Paola Operatic Musical Performance** on Wednesday, February 13th at 1:00 pm.
- **Movie (To Be Announced)** on Tuesday February 19th at 1:00 pm.
- **Normal Must Be So Boring: Adventures in Liking My Looks** - is a fun spirited, sometimes poignant one woman show about a woman trying her darnedest to find her non "normal" body beautiful. This is a comedic storytelling performance by Susan Cummings.
- **Retirement by Design** presented by John Bairos of Edward Jones Financial.
- **Critical Skills Presentation** on Wednesday, February 27th at 1:00 pm.
- **The Gray School of Irish Dance** will perform a variety of Irish Dances including soft and hard shoe dances on Thursday, March 14th at 1:00 pm.
- **St Patrick's Day Luncheon** of Corn Beef and Cabbage will be held on March 15th at 12:00 pm. The cost is \$3.00 and reservations need to be made in advance by calling 860-388-1611 before 10:45 am on March 1st. Entertainment will follow.
- **The Troubadours Variety Show** will perform on National Laughing Day, Tuesday, March 19th at 1:00 pm.
- **Chocolates and Tea Interactive Program: A Pleasant Pairing** presented by Kim Larkins, a licensed chocolatier and owner of Klassic Kreation's Gourmet will be held on Wednesday, March 20th at 1:00pm. This presentation will include tea and chocolate history, pairings, tea infused baked goods, antique teapots/lace display, trivia quiz, poetry, and more. Reservations are required as only the first 30 people will be able to attend this free program. Please call 860-434-1605 ext. 241 to sign up.

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Social Services Department

HEATING ASSISTANCE

Applications are currently being accepted for the Connecticut Energy Assistance Program (CEAP), which may help income eligible households in paying for their heating costs during the winter months. Households are determined eligible based on state income and asset guidelines. We are the intake site for residents of Old Lyme. Applications are then processed through TVCCA. You may be eligible for benefits even if heat is included in your rent payment (*depending on your income and rent amount.*)

OL Social Services maintains an emergency fuel fund for residents who need immediate help or may not qualify for CEAP. We

gratefully accept donations to this fund. Checks may be dropped off or mailed to the Town Hall.

For more information, or to schedule an appointment, please contact: Jennifer Datum, Social Services Coordinator at: 860-434-1605, ext. 228 or email: socialservices@oldlyme-ct.gov.

OFFICE HOURS ARE:


Mondays 9:00 am - 1:00 pm,
Wednesdays 12:00 pm - 4:00 pm
Fridays 9:00 am - 1:00 pm
or by appointment.

Estuary Council Regional Senior Center

220 Main Street, Old Saybrook, CT | 860-388-1611

The Estuary Council of Seniors, Inc. is a community center for the region's residents over 50 years old providing meals, transportation, health services, educational classes, exercise programs, and socialization activities. We have been promoting healthy and active lifestyles through quality programs and services in the nine-town Estuary region for over 40 years. Please visit us at: www.ecsenior.org for additional information or call us at: 860.388.1611.

Volunteers are always welcome at the Estuary Council Senior Center. Help pack or deliver Meals on Wheels, work in our Thrift Shop, serve on our Board of Directors, and so much more. Please contact Judy at: 860-388-1611 x213 for details.



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Needed: A Strong Defense

TIRED OF BEING HARASSED BY FRAUDSTERS?

For elderly friends and family members it's more than annoying - it can be overwhelming, frightening and downright dangerous. Scammers come across as eerily believable and create a sense of urgency that can be difficult to challenge. Telling callers or visitors they must speak with a family member who is not available can stave off many, but what's really needed is a strong, comprehensive defense.

THE FIRST STEP IS AWARENESS

Understanding how scams work can help folks avoid being conned. A good resource is AARP's "Con Artist's Playbook." Unfortunately, as cognition declines, folks are less able to think logically when confronted by scammers, so more action may be needed.

- **Get Caller ID** - and perhaps a system that integrates with the television. Don't answer unless you recognize the name - if it's important they will leave a message.
- **Get on the do not call list** - scammers won't care but it will cut down on the number of unwanted calls (Donotcall.gov or 888-392-1222.)
- **Verify legitimacy of charities** - charitywatch.org; charitynavigator.org.

- **Opt out of prescreened credit offers** - optoutpre.screen.com or call: 888-5-opt-out (888-567-8688.)
- **Put on credit freezes** at all three major credit bureaus (Transunion.com/credit-freeze; Equifax.com/personal/credit-report-services/ Experian.com/freeze.)
- **Install a camera** - folks can see who is at their door in advance and decide whether or not to answer.

If more oversight seems desirable or necessary, consider additional steps like having duplicate statements for bank and investment accounts sent to a trusted friend or family member who could also review mail (see www.informed.delivery.usps.com), and if needed, monitor or pay bills. If friends and family are not readily available consider hiring a trusted local assistant for these tasks.

The assault on the most vulnerable among us is deeply troubling, but we can all be part of the solution.

Thomas McGuigan, CFP®, and Jean Wilczynski, CFP®,
Exencial Wealth Advisors


Exencial Wealth Advisors is an SEC registered investment adviser. Registration does not imply any level of skill or training.

FALL ACTIVITIES AT LYME SHORES

After-School Tennis Programs for Kids

Eight-week sessions throughout the school year starting Sept. 4th

<p>Big Shots (ages 4-6) Tue. or Thu., 4-5pm</p> <p>Future Stars (ages 7-9) Tue. & Thu., 4-5pm</p> <p>Team Connecticut Mon. & Wed., 5:15-6:30pm For competitive junior players</p>	<p>Local Excellence (ages 10-12) Tue. & Thu., 4-5pm</p> <p>Tournament Tough (ages 13-15) Mon. & Wed., 4-5:15pm</p> <p>Junior Point Play Drill Thurs. 5-6:30pm</p> <p>High School Boys- Fri., Please call Girls- Sat., Please call</p>
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Adult Programs

Drop in to our fitness, pickleball and tennis programs!

<p>Strength & Balance M/F, 10am - W, 8am</p> <p>Stability Ball Mon., 8am</p> <p>Circuit Training Wed, 10am · Fri /Sun, 8am</p> <p>Cardio & Strength Fri, 8am</p>	<p>Drop-in Pickleball M 1-3:30, (Beg. welcome) - TH 1-3:30</p> <p>Adv. Beginner Tennis Drills Tue., 9-11am</p> <p>Intermediate Tennis Drills Mon., 10:30am-12pm</p> <p>NTRPTennis Drills Sat., 10:30am-12pm, All levels</p>
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Middlesex to Rebrand

MIDDLESEX IS MORE THAN JUST A HOSPITAL

Middlesex has grown to include many services located outside the walls of the Hospital. Middlesex has a network of primary care offices, three urgent care centers, five physical medicine and rehabilitation offices and two Cancer Center locations. It offers home-care and assisted living, and the list goes on.

It is often difficult to explain these many different parts and how they all fit under the Middlesex Hospital umbrella, but one thing has become clear. Middlesex's current brand name no longer accurately reflects what Middlesex does and what it can provide.

In an effort to help the community better understand, Middlesex's branding will soon change to include the name Middlesex Health and a new logo that better represents the organization's incredible growth.

Middlesex is one of the few independent nonprofit health systems remaining in Connecticut, and it has evolved and expanded for the

good of its patients, becoming a more comprehensive health partner. It's become Middlesex Health.

Middlesex remains committed to the communities it serves, and it will continue to provide the same high quality, compassionate care and personalized service that you've come to expect.

Over the next few months, you will begin to see the new brand name and logo on Middlesex signs and other materials, including staff uniforms and informational brochures. There will also be a new TV commercial, and Middlesex will soon launch a new, more user-friendly website. A change like this does not happen overnight. The transition will take time to complete. Please be patient.

Moving forward, Middlesex remains a strong, independent health system - one that strives to always be your first choice for health care. Your health is of the utmost importance, and these improvements are being made to better serve you.

Loss, Grieving, and Holidays

As we head into a season of family gatherings and celebrations, images of joyful events and smiling people abound. Adults and children both look forward to favorite traditions, family get-togethers, and gathering for meals, gift exchanges, and most importantly, the exchange of stories which bind people closer. But mixed with the joy is also an increase in feelings of loss, magnified by the contrast in emotions. Within the family celebrating together is the widow mourning the absence of her husband, however long ago; the child

missing the military parent serving overseas, the young adult missing a sibling currently in rehab. If we don't look, and ask, we may miss this, as they strive to look "okay" and act the part they think is expected.

What would really help them to be "okay?" We know that people who grieve do best when they feel the support of family and friends. They need to know their feelings are normal and don't have to be hidden. When others try to avoid all reminders of

the loss, it only highlights their sense of aloneness and the feeling they "should" be okay by now. Instead, we need to acknowledge those who aren't present. Talk about them and our memories of them. Continue with our traditions, but don't pretend we don't miss them there. When we laugh, cry, and remember together, the grief lessens through sharing, and our joy, though bitter-sweet, has room to break through.

Nancy Randall, Psy.D.,
East Lyme Psychological Associates

High Hopes Volunteer Training Sessions

High Hopes Therapeutic Riding in Old Lyme is a non-profit dedicated to improving lives of those living with physical, cognitive and emotional disabilities. We do that through therapeutic riding and driving programs and through un-mounted equine learning programs. Our participants are aged 3 to 73, and come from a wide range of backgrounds, as do our 652 volunteers who donated over 28,000 hours of time last year.

High Hopes Therapeutic Riding, Inc. in Old Lyme, will be holding free training sessions for prospective volunteers on the following dates. If you are in high school, or a seasonal visitor, and would be available to volunteer during summer camp, please consider signing

up for trainings in March and April. If you are available at any time of the year, then we still have openings in our January, February and March trainings.

Saturday, January 19, 2019	from 1:00 pm to 4:00 pm
Saturday, February 16, 2019	from 1:00 pm to 4:00 pm
Saturday, March 9, 2019	from 1:00 pm to 4:00 pm
Saturday, April 6, 2019	from 1:00 pm to 4:00 pm
Monday, April 29, 2019	from 4:00 pm to 7:00 pm

Please find out more and register your interest online at: www.highhopestr.org/volunteer.

Are you prepared for a winter storm?

Our community has weathered more than our share of serious storms in the last few years and our Town wants to help you be prepared for - and stay safe during - any emergency situation.

We want to be able to reach all of you with updates on conditions and we want to do the best we can to communicate with everyone when emergencies occur or are imminent.

OLD LYME ALERTS allows us to provide you with important messages in the way that **YOU** specify - texts or calls to your cell phone, calls to your home or business phone, emails to your home or work. You tell us the best way to contact you, and we'll do the rest. Let's work together to keep everyone in our community safe.

THE TOWN OF OLD LYME HAS LAUNCHED OLD LYME ALERTS, A LOCAL EMERGENCY NOTIFICATION SYSTEM.

Register with your preferred contact information and automatically receive messages from the Town about emergency or urgent situations. The contact information you provide is protected. It will not be used for any other purpose.

**REGISTER ONLINE TODAY (visit www.oldlyme-ct.gov and follow the link)
OR COMPLETE THE FORM BELOW.**

Mail it or drop it off at the Town Hall.

Please print clearly below:

Name: _____ Old Lyme Street address: _____

Mailing Address: _____

HOW WOULD YOU PREFER TO BE CONTACTED BY THE TOWN?

Please indicate your preference below, entering 1 for the best way to contact you, 2 for the second best way, etc.

Enter 1,2, etc.:	Please print clearly below:
_____ cell phone texts	_____
_____ cell phone calls	_____
_____ home phone	_____
_____ work phone	_____
_____ other phone	_____
_____ personal e-mail	_____
_____ work e-mail	_____
_____ other e-mail	_____
_____ TTY device	_____

Are you interested in receiving e-mail messages about community and town events?

Please circle: **Yes** **No** Provide your e-mail address: _____

We will subscribe you to the Town website.

We Can't Contact You if We Can't Reach You

WPCA Coastal Wastewater Management Plan Update

WPCA Chairman Prendergast and other town representatives hosted a public meeting in the Old Lyme Town Hall to inform our community of the work the WPCA has been doing on the Coastal Waste Water Management Plan. There were at least 120 individuals in attendance. We will use a larger venue for the next meeting.

The Environmental impact Evaluation (EIE) summary document that describes the potential impacts of sewers on the Sound View area was approved on June 5, 2018 by CT DEEP and it was published to the CT DEEP Monitor website. The EIE was posted for a period of 45 days so that members of the public could make comments about the wastewater management plan. A draft of The Record of Decision is currently circulating at CT DEEP. This document addresses questions posed during the EIE public comment period and will indicate what the next steps are for the wastewater management plan moving forward. The WPCA expects to receive The Record of Decision soon.

The intermunicipal waste transfer agreement (IMA), a necessary component of the Coastal Wastewater Management Plan is moving forward. Representatives from Old Colony Beach Club Association (OCBCA), Miami Beach Association (MBA), and Old Lyme Shores Beach Association (OLSBA) referred to as the "Private Beach Associations," in consultation with Selectwoman Reemsnyder and WPCA Chairman Prendergast have been negotiating agreements with representatives of East Lyme and New London for conveyance of wastewater to the New London

treatment facility. The New London IMA with the Private Beach Associations is being reviewed by a representative of the WPCA.

In June a meeting was held to clarify details of the pump house land lease agreement. Selectwoman Reemsnyder, WPCA Chairman Prendergast and individuals representing the Private Beach Associations were able to develop an illustrated exhibit with references and update the land lease agreement. The pump house land lease was approved by the community at a Town Meeting and to the Board of Selectman will sign the agreement.

A ground water quality testing plan has been approved by CT DEEP for the area known as Hawk's Nest Beach (HNB). Additional test wells stipulated by CT DEEP were installed and flushed in the spring of 2018. The updated map added 6 new wells to the existing 5 wells for a total of 11 testing sites. All the wells were flushed and the first samples were obtained and tested in July. At that time the WPCA decided to flush the new wells again before the next round of testing in September. All ground water testing results will be posted on the town website. There will be a total of 16 well samplings over a 2 year period. CT DEEP will interpret all testing data at the end of the 2 years and issue final conclusions on the quality of ground water in the HNB area. The new test result information will supplement existing ground water quality data and become part of CT DEEP's evaluation of this area for future wastewater treatment needs.

For more details, please go to the WPCA page on our town website.

Rogers Lake Association



Rogers Lake West Shore Association is a small lake side neighborhood in the Town of Old Lyme.

The association has an updated clubhouse at 75 Rogers Lake Trail that is available to everyone in the Town of Old Lyme and surrounding towns. The clubhouse has kitchen facilities, renovated bathrooms, and a large open area, 40' by 60' for dining and dancing. Tables and chairs are available if needed. The clubhouse is also equipped with heating and air-conditioning. A gas fire place makes the space feel warm and cozy in the winter months.

There is onsite parking and the facility is handicap accessible, and AED-equipped. The Roger's Lake Clubhouse has been a great resource for non-profit organizations and others who need a facility for large groups.

More information about the Rogers Lake West Shores and its clubhouse is available on their website at www.rogerslakewestshores.com.

VISIT Old Lyme! www.oldlyme-ct.gov

Old Lyme is a community of some 8000 permanent residents and an additional several thousand seasonal visitors who occupy a shoreline complex of summer residences. Located on the east bank of the mouth of the Connecticut River where it meets Long Island Sound, the town is marked by independence, volunteering, and a long-standing commitment to the arts.

Rogers Lake Authority

David Post, an aquatic ecologist from Yale University, will be making a presentation on the alewife and water quality studies his group has conducted on Rogers Lake over the last 15 years. This presentation will be January 9, 2019, at 7:30 pm in the Rogers Lake West Shores Association Clubhouse which is located at: 75 Rogers Lake Trail, Old Lyme. All are welcome to attend this informative presentation.

The Rogers Lake Authority is asking for your assistance in reporting unsafe activity occurring on Rogers Lake anytime of the year. To report any unsafe activities, please use the form that is available on the Rogers Lake Authority website at http://www.oldlyme-ct.gov/Pages/OldLymeCT_BComm/rogers_lake. Click on "Report Boating Violation." For situations that require immediate action dial 911. Thank you for

your assistance. Reminder that the horsepower limit on Rogers Lake is 135 HP.

Connecticut State law 12-155 prohibits the use of a fertilizer containing phosphorous less than 20 feet from any body of water. A \$500 fine is imposed on violators. If you have questions on the phosphorus legislation or soil testing, call the UConn Home & Garden Education Center at: 877-486-6271.

Open Space

While foliage is fast fading, Old Lyme's open space is still full of life. Squirrels are scurrying collecting nuts, wild turkeys are oblivious to holiday meals, and plants like winterberry holly put on a color show. With the leaf canopy gone, forest and pastoral vistas are open, allowing better views of cliffs and wetlands.

The Open Space Commission encourages you to visit our 600 acres of preserves during this special time of year. Here are suggestions:

CHAMPLAIN FARM SOUTH

Along these trails, see the skeletons of long-dead juniper trees

from old sheep pastures. Stone walls that held livestock and marked boundaries meander alongside. Can you spot the old roadway traveling along the ridge from the end of Meeting House Hill north toward I-95? Look for the tracks of old iron-wheeled carts that traversed pioneer farms.

CHAMPLAIN FARM NORTH

If you think our winters are cold, consider that a mile of ice once covered this land. The moving ice of the last (Wisconsin) glaciation transported millions of tons of rock, sand, silt and clay across this land, sculpting the landscape.

continued on page 32

SCOTCH PLAINS TAVERN

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Open Space... continued from page 31

AMES FAMILY PRESERVE (*The Whippoorwill Road entrance is inaccessible due to beaver activity*).

Look for the “cave” symbol on the preserve map, near Sheep’s Ledge. Imagine as you hike seeking shelter from the cold and wet in these granite outcrops.

For more info and maps, visit the Commission’s web page: http://www.oldlyme-ct.gov/Pages/OldLymeCT_Bcomm/open_space.

Hiking on Ames Family Preserve (left to right) Open Space Commission members Peter Cable and Gary Gregory, Conservation Commission member George James.

The Roger Tory Peterson Estuary Center

The Roger Tory Peterson Estuary Center (RTPEC), named for the noted artist, teacher, and conservationist who lived in Old Lyme, was established in 2015 as a regional center of the Connecticut Audubon Society. Our mission is the conservation and stewardship of the estuarine and coastal ecosystems of southeastern Connecticut with a particular focus on the Connecticut River Estuary and its watershed. This mission is achieved through science-based education, research, and environmental advocacy.

This past year we were excited to be able open our new staffed center on Halls Road in Old Lyme to serve the public in southeast Connecticut. Working out of this location, we have been offering seasonal adult and family programming, including guided estuary paddles, beach and trail walks, as well as individual programs such as birding basics, estuary explorations and creek critters. During the school year, RTPEC educators provide curriculum-based nature programming to schools in Southeastern Connecticut, connecting children in the area to their local land trust properties and the natural areas near their schools.

Programs and activities are being planned for early 2019 may include...

- Winter waterfowl walks
- Birding basics
- Indoor/outdoor weekend programming

We are always looking for volunteers to help with education or outdoor experience programs - especially those with a naturalist or environmental science background.

More information is available at: <https://www.ctaudubon.org/rtpc> where you can become a member, sign up for our e-newsletter, and keep up to date on upcoming programs. Follow us on Facebook at: <https://www.facebook.com/The>



ConnecticutAudubonSociety or stop by and see us in the actual world at 90 Halls Road between Walgreens and Big Y.

Vista To Host Beethoven-Themed Public Art Series

Vista Life Innovations, a community-based organization dedicated to supporting the personal success of individuals with disabilities, is partnering with Project: Music Heals Us to present Portraits of Beethoven, an interactive art series that explores the life of famed composer Ludwig van Beethoven through visual and performing arts.

Sponsored by the Danielle Rose Paikin Foundation, Portraits of Beethoven will feature two paint nights at Water's Edge Resort

and Spa in Westbrook where attendees will paint images that tie into Beethoven's life story. No prior painting experience is required and all artistic abilities are welcome to participate.

Based on Beethoven's incredible life journey, this series combines the missions of both Vista and Project: Music Heals Us, a non-profit organization that uses music to educate, encourage and heal diverse populations, including the homeless, disabled and elderly. The goal of this collaborative project is to inspire, motivate and unite the community at large through the power of music and creative expression.

The paint nights are scheduled for Jan. 16 and Jan. 23 at Water's Edge.

For more information about Portraits of Beethoven, contact Jessica Lillge at: 860-399-8080 ext. 269.



Events Presents - SAYBROOK HOME

A new look and name for Saybrook Country Barn

Family owned and operated retailer, Saybrook Country Barn, located in Old Saybrook, CT has a new name for its longstanding retail location. It will now be known as Saybrook Home. A cornerstone of Old Saybrook (located at the foot of Main Street), the 41-year-old business, owned and operated by the Bolles Family, has continued to evolve as one of the area's largest shoreline retail destinations for the home. It started as a 4000 square foot home and barn. Today, it boasts 42,000 square feet of retail shopping, sprawling between 2 buildings featuring fine quality furniture, home décor, exquisite gifts, hardware & lighting, unique area rugs, custom window treatments and a large selection of designer men's and women's apparel and accessories. Saybrook Home also offers custom interior design consultations and personalized shopping experiences by their experienced and professional staff.

"It has been over forty years since my grandmother founded what was originally

the Marlborough Country Barn. She had a simple philosophy for the business: provide great products, with great service, listen to your customers, and live your best life. Well, our customers have spoken and we have listened, which is why we are changing our name from Saybrook Country Barn to Saybrook Home," said Keith A. Bolles, managing partner. "We are excited for our future, and look forward to helping customers Live Their Best Lives for many generations to come."

The new brand, Saybrook Home, achieves that "welcome home" feeling to resonate with existing customers and connect with those of the future. "We wanted to capture the essence of our core values and mission and, at the end of the day, don't we all just feel better when we are at home?" says Cheryl Mader, General Manager at Saybrook Home.

To celebrate the launch of Saybrook Home, the store is dressed and ready for the holidays. From seasonal custom pillows and throws, placed upon today's top furniture brands to favorite designer sweaters and accessories in the apparel



Owners (L-R) Keith A. Bolles, Jane Bolles, Keith Bolles, Sr.

shop, Saybrook Home welcomes you to explore its new brand at their Old Saybrook, CT destination along with a newly designed website saybrookhome.com.

Saybrook Home
2 Main Street
Old Saybrook, CT 06475

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Florence Griswold Museum

THE MUSEUM'S WINTER EXHIBITION

During the Museum's Magic of Christmas celebration, the Florence Griswold House is decorated in the holiday finery of yesteryear. Three designers, Robin Breeding, Ralf Feyl, and Jeffrey P'an, present Fantasy Trees, designed to delight and inspire. A new addition to the Magic this year-Marvelous Mantels. In the historic areas, the mantels over each fireplace are abundantly festooned with lush greens and festive ornaments that reflect the painting that hangs above. In the Kriebler Gallery, visitors can delight in the painted palettes on Miss Florence's Artist Trees. Nearly 200 noted artists from across the country have donated works to this one-of-a-kind holiday icon. And don't forget joy-filled events, memory-making Christmastime Teas, and a wow-worthy selection of gifts in The Shop!



Florence Griswold Museum 1

For fifteen years, visitors from across the region have admired the painted palettes on Miss Florence's Artist Trees. New this year, Betsy Barry's *Fa-La-La-La-La*, 2018, Colored pencil on hot pressed watercolor paper affixed to wooden palette.



Florence Griswold Museum 2

One of 30+ larger-than-life-size portraits by Lyme artist Jac Lahav on display this winter as part of the exhibition *The Great Americans*. Jac Lahav, *Lady Bird Johnson - All The Wild Flowers*, 32" x 80", Oil on Canvas, 2018.

This winter, the Museum presents Lyme artist Jac Lahav's contemporary portrait series, *The Great Americans*. On view February 9 through May 12, 2019, these larger-than-life-size portraits (each standing nearly seven feet tall) explore the idea of who we consider "great" and the cultural underpinnings of our perceptions (whether fact or fiction). Lahav's work centers on oversized images of famous figures, each layered with references to history, lore, and imagery that have shaped our understanding of that person. Through his cheeky, psychologically complex treatment of iconic figures, Lahav explores the multifaceted nature of cultural identity, calling into question the very notion of "greatness" among American historical figures and exploring the concept of fame itself.

In keeping with the Museum's efforts to reflect a distinctly Connecticut point of view in our exhibitions, Lahav will curate a selection of Lyme Art Colony works and objects from FGM's collection to appear in conjunction with *The Great Americans*. The artist will create several new Connecticut-related works for his

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series, including portraits of Florence Griswold and Lyme Art Colony visitor Woodrow Wilson. The exhibition will look first at the cultural big picture of our national heroes, then draw the visitor's eye to see CT-specific resonances-all through Lahav's uniquely 21st century lens.

Lyme Art Association

90 Lyme Street, Old Lyme, CT
860-434-7802 | lymeartassociation.org

On view November 16 - January 4, 2019

DECK THE WALLS 2018

The Lyme Art Association's most festive art exhibition and sale is their annual Deck the Walls holiday show, on view through January 4, 2019.

More than 200 original works of art by member artists are display and priced to sell as holiday gifts. Gallery hours are Wednesday through Sunday, 10:00 am - 5:00 pm, and by appointment. Admission is free but a \$5 donation is suggested.



Liz McGee, Wintry Forest, watercolor

On view January 18 - March 1, 2019

ASSOCIATE ARTIST & NEW ELECTED ARTISTS

This juried show is open to the Lyme Art Association's Associate Artists: members who are regular exhibitors
continued on page 36



Toast in the New Year with the
Glastonbury Antiques & Collectibles

Gala New Year's Show

Glastonbury High School
330 Hubbard Street, Glastonbury, CT

Sponsored by the
Exchange Club of Glastonbury

Where 138 booths with Quality Dealers from throughout New England and New York will be on hand to greet you.

Tuesday, January 1, 2019
9:00 am to 4:00 pm

General Admission \$8.00 - with this ad* \$7.00
**picture on smart phone accepted*

I-91 North or South to Exit 25. Rt. 2 East to Exit 7. Turn left on New London Turnpike, look for signs.

Rt. 2 West to Exit 8, turn left, go to end of street, look for signs.

I-84 to Rt. 2 East to Exit 7, turn left on New London Turnpike, look for signs.

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Lyme Art Association... continued from page 35

but not yet Elected Artists. It is open to all mediums and subject matter, so visitors and buyers will see landscapes, sculpture, still lifes, and portraits. Work from the most recent inductees to Elected Artist will also be on display. All work is for sale.

Opening Reception: Sunday, January 27, 2:00 pm - 4:00 pm.
Gallery hours are Wednesday through Sunday, 10:00 am - 5:00 pm, and by appointment. Admission is free but a \$5 donation is suggested.

On view March 8 - April 19, 2019

FOUR ACTS: HIP TO BE SQUARE, OUT OF TOWN, ANIMAL KINGDOM, AND EXPLORATIONS

Four Acts explores four different genres of painting, drawing

and sculpture in each of the four galleries at the Lyme Art Association.

The square format will be represented in Hip to be Square. Out of Town includes scenes from travels, exotic or ordinary. Animal Kingdom focuses on furry, feathered, and finned subjects; whether adorable, ferocious or somewhere in between. Explorations showcases our members' ventures into abstraction.

Opening Reception: Sunday, March 17, 2:00 pm - 4:00 pm.
Gallery hours are Wednesday through Sunday, 10:00 am - 5:00 pm, and by appointment. Admission is free but a \$5 donation is suggested.

Upcoming Events at Lyme Academy College of Fine Arts A College of the University of New Haven

PRATO STUDENT EXHIBITION

Opening Reception:

Friday, November 9, 5:00 - 7:00 pm

Location: Sill House Gallery,

84 Lyme Street

Exhibition on view through November 19.

Artwork created by LYME students that spent the spring semester abroad at our Prato, Italy campus.

2018 LYME STUDENT HOLIDAY ART SALE

Opening Reception:

Friday, December 7, 5:00 - 7:00 pm

**Cash and checks only*

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December 8 & 9, 10:00 am - 4:00 pm
Location: Sill House Gallery

2018 LYME FACULTY

**EXHIBITION: Making Artists,
Making Art**

Opening Reception:

Friday, December 7, 5:00 pm - 7:00 pm
Exhibition on view through January 26.
Location: Chauncey Stillman Gallery,
84 Lyme Street

Curated by Charlotte Gray, Ph.D.,

Practitioner in Residence & Janis Mink,
Ph.D., Adjunct Professor

43RD ANNUAL STUDENT EXHIBITION

Opening Reception:

Friday, February 15th, 5:00 pm - 7:00 pm
Exhibition on view through March 23rd
Location: Chancy Stillman Gallery

A YEAR IN PRATO EXHIBITION

Opening Reception:

Friday, February 22, 5:00 pm - 7:00 pm

Exhibition on view through March 16.
Location: The Hygienic, New London

SHORELINE ARTS ALLIANCE EXHIBITION

Reception: Saturday, February 23rd,
9:30 am - 11:30 am

Location: Sill House Gallery

**Snow Date:*

Sunday 24th, 1:00 pm - 3:00 pm

Champagne & Sparkling Wine for the Holidays

TIS' THE SEASON AND HOLIDAY SHOPPING IS UPON US

Shopping can be fun, especially if you are in the market for a festive Champagne or Sparkling Wine. There are some important things to know when looking for a 'bubbly' so that you can best decide which to purchase.

Champagne is a region in France, and only wines from this region can be called 'Champagne', all others are considered

to be sparkling wine. Champagne is considered in many eyes to be the premier sparkling wine. There are large Champagne houses such as Taittinger, Veuve Clicquot, Perrier Jouet and Moët & Chandon which are very popular and sell extremely well. Smaller, less well known houses that have the grapes grown and produced on the property are called 'Growers Champagnes.' These champagnes are becoming very popular since there is such time and care put into the winemaking

continued on page 38

"Experience the Difference" at The Saybrook at Haddam.

Mom has Blossomed!

"Mom's memory loss meant her way of life was changing, but we did not want her quality of life to change as well. We are so happy – and a little surprised – at how quickly she settled into her new home and routine at Safe Harbor Memory Care Neighborhood in The Saybrook at Haddam, where residents "experience the difference" and blossom. **Safe Harbor offers:**

- Stimulating and therapeutic programs that promote individual self-worth, dignity and independence
- A kind and specially trained professional staff 24 hours/day
- Personalized care and medication management
- A cozy, homelike setting with lovely living/ community room and dining room for shared meals with family and friends
- Fresh air and sunshine in our secure "Walking Garden"



Resident Doris Whitmore with daughter Beryl enjoying a cup of tea in the country kitchen.



A Memory Care Neighborhood
1556 Saybrook Road, Haddam, CT 06438
www.thesaybrookathaddam.com

Call 860-345-3779 for information and a guided tour.

Champagne & Sparkling Wine... continued from page 37

process. These Growers Champagnes are of superb quality and are usually a very good value. Many other areas in France produce less expensive sparkling wines including the towns surrounding Champagne, Alsace and the small town of Limoux.

There are many different styles of Champagne and sparkling wine. The most traditional is a blend of Chardonnay, Pinot Meunier and Pinot Noir. Blanc de Blancs is a sparkling made solely of Chardonnay. Blanc de Noirs is made from Pinot Noir and Pinot Meunier, which has a pinkish hue resembling the color of onion skin due to the grape skins having longer contact with the grapes. Rosé is considered the best wine of the winery and gets its color from still Pinot Noir being added during the winemaking process. Brut is a very dry sparkling wine, drier even than Extra Dry, and a lot less sweet than a Demi-Sec.

Sparkling wines are available from all different parts of the world which can be much less expensive than Champagne. The United States produces a good amount of sparkling wine, most notably in California, but also has a wide selection from Washington and New Mexico. Gruet is

by far the most popular sparkling wine producer grown in New Mexico. Spanish sparkling wine is called Cava, and is traditionally made with Macabeo, Parellada and Xarel-Lo varietals. These wines are extremely approachable and are significantly less money than Champagne. Then there is the very popular Prosecco, a light and pleasing varietal from Italy. Prosecco has grown in popularity over the years, most likely due to its very reasonable pricing and friendly palate. For something a little sweeter Italy also produces fantastic Moscato d'Asti and Spumante sparkling wines.

The Sparkling Rosé compliments any holiday meal it is typically dry and quite refreshing. There are many that are inexpensive ones throughout the world. So you won't be force to buy the very expensive ones from Champagne.

With all this info you should have no problem picking out a perfect sparkling wine for the holidays. So raise your glass, and toast to the holidays with friends and family. Cheers!

Art LiPuma, General Manager,
SeaSide Wine & Spirits

PAINT NIGHTS with MUSIC

Featuring Beethoven's pieces performed by classically trained musicians.



Vista is proud to collaborate with *Project: Music Heals Us*



January 16 and 23

Water's Edge Resort & Spa • Westbrook, CT
Register online at vitalifeinnovations.org

Sponsored by the Danielle Rose Paikin Foundation

Old Lyme Town Band

Participation in the Old Lyme Town Band is open to all woodwind, brass, & percussion musicians, with rehearsals on Monday evenings at Christ the King Church in Old Lyme from 7:00 pm to 9:00 pm. 2019 rehearsals begin January 28, 2019. Join us!



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<http://www.211.org/#>



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1 Sill Lane, Old Lyme | This home is a special blend of old and new. One of Connecticut's oldest homes, George Washington danced here when it was the Peck Tavern. Offered at \$1,075,000



8-1 Sill Lane, Old Lyme | This lovely, gracious estate-like home is set on over six private acres with frontage and a dock on the Lieutenant River which provides access to Long Island Sound. Offered at \$1,570,000 Co-Listed with Susan Malan



3 Beaver Brook Road, Lyme | This 1745 barn has undergone a complete renovation transforming it to a spectacular home. Offered at \$585,000 Co-Listed with Kathy Schellens



56 Sill Lane, Old Lyme | This two Bedroom, two Bath home abounds with character and charm. Close to the Old Lyme Village, this home also makes an ideal country retreat. Offered at \$395,000

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An enduring promise to help Connecticut cancer patients and their families.

The story of John and Jane Ellis is one of love, inspiration and dedication. She says he had the vision. He says she's the angel who does everything. Together, they are strong individuals who never wavered since John made a most solemn promise.

Born in New London, John was a high school standout in football and baseball. He went on to a 13-year major league baseball career. The catcher debuted in 1969 with the New York Yankees (1969-1972), hitting a home run in his first at bat. He also played for the Cleveland Indians (1973-1975) and Texas Rangers (1976-1981).

A routine life insurance examination revealed a spot. He had been a picture of health - jogging 10 miles a day. At age 38, the 1971 Topps All-Star Rookie had Hodgkin's lymphoma. He had already lost a brother, sister and sister-in-law, each to cancer. "Sitting there in the hole, getting your juice, and breaking it down. I made a deal," explains John. "If you let me live, I'm going to do this. I said I'd dedicate my whole life to the needs of the needy."

That was 1987. Together, the couple started a foundation whose mission has remained steadfast - to provide financial assistance to Connecticut cancer patients and their families and to fund cancer research. He is the Chairman/Founder. She is the President and Executive Director. The formula is simple. Many individuals affected by cancer struggle with basic living necessities. The foundation is there to help.

Oncology social workers in Connecticut provide referrals to the foundation. Applications are reviewed each Monday, with grants made within a week - an unheard of turnaround. If there is an emergency, they will do what they can right away. "It's all local. "You know where the money is going and that makes us unique," notes Jane. To date, the foundation has provided almost \$6 million in financial assistance to CT families and over \$2 million to lymphoma research. A \$7 million endowment ensures its future.

Their signature fundraiser is an annual celebrity dinner first held in 1988 at the Groton Motor Inn. Mickey Mantle, Whitey Ford and Billy Martin were there. "It was like a group of friends, getting together and telling stories," relates Jane. "It was special." The event raised \$100,000. At the end of the evening, Mickey observed "I hope this foundation goes on forever."

The event has grown markedly and is now hosted by a key corporate partner, Mohegan Sun. The next celebrity dinner will be held on February 8, 2019. The list of attendees are a testament to the relationships/trust that the couple forged over the years: Don Zimmer (who once released John), Yogi Berra, Derek Jeter, David Ortiz, Hank Aaron, Carl Yastrzemski, Joe Torre, Reggie Jackson, Mariano Rivera, and Roger Clemens. There are new fundraising initiatives: Cycle Against Cancer,



Left, John and Jane Ellis. Below, from the left, Derek Jeter, Didi Gregorius, Tommy Kahnle and David Robertson attending the 2018 Celebrity Dinner at Mohegan Sun.



New location, right, at 15 North Main Street in Old Saybrook.



the Fishing Against Cancer tournament, and a Speakers Program. And there is assistance for ILROG - the International Lymphoma Radiation Oncology Group. "We're global in nature but local in giving," observes John.

The foundation recently (July 2017) opened its new location at 15 North Main Street in Old Saybrook. Every aspect of the new facility focuses on the foundation's mission. There is a Hall of Fame. "It's a museum piece," says John. "A tribute to some of the wonderful baseball players who helped literally to build the foundation." There is an art gallery to hold exhibits benefitting the foundation. "It's the infrastructure for the next 30 years," says Jane.

John and Jane have assembled plenty of stories. John laughs over that second celebrity dinner when Joe DiMaggio wouldn't sign memorabilia Whitey Ford brought along for him to sign. Yogi Berra successfully intervened. And then there was a single mother whose child was suffering from a rare cancer. "I'll never forget that for the rest of my life," recounts Jane. "They were homeless. She didn't know how to feed her children that evening. We gave her \$2,000. That gave her hope. We continued to help her. We got furniture... I had John schlep it all in his truck"

Thirty years ago, the couple wondered if they'd still be needed. Surely, cancer would be beaten already. "Our mission is more relevant today than 30 years ago," explains Jane. "Everyday expenses...it's so much more expensive to live. Our help is needed more than ever." "There's plenty of work here," adds John. "We look forward to making sure the foundation goes on and on."

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